

# WHAT TO DO WHEN YOUR CHILD IS SICK

## ILLNESS

2020 Covid-19 Mandate Requirements 6/5/2020

We value each child that God has brought to NCP and ask that before checking in for the school day you ensure that your child does not show the following health related items:

- \*Fever (Covid-19) with a temperature of 100+ /orally or 100 on the forehead

Remain at home until fever is gone for at least 24 hours without the use of reducing medication.

During Covid-19 temperature is checked twice daily.

- \*Vomiting or diarrhea (Covid-19)
- \*Discolored mucus (Covid-19)
- Child is listless or showing signs of illness (coughing, sneezing, etc.)
- Ear infection
- Meningitis
- \*Sore throat due to illness (Covid-19) - 72 hours at home
- Any kind of rash or blister (physician's note needed to return to program)

\*Covid-19 mandate - 72 hours symptom free at home

Children who begin to show signs of illness (contagious or not) while under NCP care will be isolated out of the classroom to rest in the office. Parents will be notified immediately by phone and will be asked to pick up their child within 30 minutes so that they may continue to rest at home.

Under the State of California health and safety guidelines, children with contagious diseases shall remain at home. A physician's certification of good health prior to their return to school will be required from parents/guardians. NCP asks that all concerns regarding a contagious disease be communicated to our administrative staff by phone so that we may report as needed.

Examples of contagious disease that would keep a child home include:

- H1N1 (Influenza, also commonly known as the flu)
- Covid-19
- Dysentery (Severe Diarrhea)
- Hand, Foot and Mouth Disease (NCP reserves the right as per the Santa Clara Health Dept. to ask for children to remain home more than one day for Hand, Foot and Mouth Disease)

- Pink Eye (mucus discharge from the eye)
- Fifth's Disease
- Chicken Pox
- Measles
- Mumps
- Head lice/Nits

Parents will be notified by email if children at NCP have been exposed to a contagious disease and a notice will also be posted in each of our buildings. Children exhibiting symptoms of having had the illness may be sent home and may not return without a physician's note stating that they are free from being contagious (In case of long term illnesses, such as Hand, Foot and Mouth, Covid-19, flu, NCP reserves the right to ask parents to remain at home with their child for a longer period of time.)